

Title: Children and Young People Update - Health

Wards Affected: All

To: Health and Wellbeing Board

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1. Purpose

- 1.1 To provide the Health and Wellbeing Board with an update on progress being made in relation to the jointly agreed priority areas for Children and Young People.
- 1.2 It is intended by April 2014 to have a single set of outcomes for the Health and Wellbeing Board which will reflect partner priorities and can be used as a performance management tool to track progress and trigger collective response. In regard to children, this work will form part of the Children's Improvement Plan.

Priorities:

- Child & Adolescent Mental Health Services
- Early Intervention (incl. Call to Action Health Visiting)
- Disability Services
- Safeguarding

2. Recommendation

- 2.1 That the report be noted
- 2.2 That the Health and Wellbeing Board accept and sign up to the "**Better health outcomes for children and young people pledge.**"

3. Children and Young Person Redesign Board

- 3.1 The Children and Young Person Redesign Board has been established and has currently met twice. Its Terms of Reference are as follows:

- To collaborate and co-operate to work towards ensuring that the commissioning ambitions and intentions of each of the partners are met, learning from each other and from best practice of other commissioning organisations.
- To collaborate and co-operate to ensure a focus on quality, children & families care and experience is maintained.
- Respond collaboratively to national and regional initiatives and developments
- Manage internal and external stakeholders and relationships effectively
- Work towards a reduction in health inequality and improvement in health and well-being
- Enable the benefit of working together on achieving best value for money and optimising productivity and efficiency

3.2 The membership of the group brings together both commissioners and providers as well as public involvement:

South Devon and Torbay Clinical Commissioning Group.
 Torbay Council
 NEW Devon Clinical Commissioning Group/ Devon County Council
 South Devon Healthcare Foundation Trust
 Torbay & Southern Devon Health and Care NHS Trust
 Virgin Care
 Strategic Public Involvement Group – South Devon representative
 Strategic Public Involvement Group – Torbay representative Redesign Board.

4. Child and Adolescent Mental Health Services (Torbay)

- 4.1 Increased pressure on local CAMHS service continues with the complexity of need among children and young people presenting as well as the rise in numbers of referrals.
- 4.2 This is in addition to the on going staffing vacancies within the team. Interviews for Consultant Psychiatrist are due in September along with a number of other posts.
- 4.3 With each vacancy the opportunity to relook at skill mix of team has been taken, for instance 2 x Family therapists have been appointed, one to work in the generic team but with a focus on social care and safeguarding and another which has been joint funded with the local authority to provide a service to the Youth Offending Service and Family Intervention Service.

4.4 The service performance measures are as follows:

Measure	Apr-13 Actual	May-13 Actual	Jun-13 Actual	Jul-13 Actual	YTD Actual
CAMHS - Urgent referrals seen within 1 week (%)	33%	100%	100%	83%	81%
CAMHS - No. waiting > 18 wks for treatment	2	0	1	0	3

Wait times remain an issue as well as the flexibility to respond proactively to early intervention and preventative work at a Tier 2 level. Following an internal review of the Tier 2 service the provider has been required to submit a Management Improvement Plan.

4.2 Tier 4 – Inpatient.

Access to specialist in-patient beds has been escalated as a risk by Devon and there is cross CCG and specialist commissioning work in addressing this issue. Action to address this includes: business case to reopen Taunton beds and a business case being led by the Devon service supported by Devon Commissioners to develop an assertive outreach sat within Tier 3 operating at a 3/ 3 ^{1/2}, in depth analysis of services and activity for eating disorder placements. Wider consideration needs to be given to extend this business case to include Torbay.

4.3 Needs Assessment

A joint mental health needs assessment (adult and children) has been completed by Devon Public Health team which covers Devon, Plymouth and Torbay. It provides some useful information based on national prevalence although is limited in presenting local service activity data. The relevant recommendations to children and Torbay are as follows:

- Service review of activity recording and data quality as part of plans for improvement.
- Carry out further analysis of self-harm activity data to gain a better understanding of the variation shown to inform future service provision
- Review current service provision for eating disorders and agree an appropriate care pathway based on the latest NIC guidance.
- Improve access to prescribing data by age group via the primary care data warehouse to support life course analysis.
- Review existing local suicide prevention strategies and consider the opportunity to refresh in light of the national strategy, o a peninsula wide basis to ensure an alignment of objectives and promote consistent preventive action.

- Undertake an improved audit and mapping exercise of the access to both commissioned mental health services and wider community based mental health support services.

5. Government Pledge

5.1 A letter went to all Health and Wellbeing Board Chairs on the 20th July 2013 from Dan Poulter, Department of Health Children's Health Minister and other experts, asking local authorities to sign up to the Government's "**Better health outcomes for children and young people pledge**". The pledge is a part of the February 2013 system wide response, to the Children and Young People's Health Outcomes Forum Report (2012).

5.2 A copy of the pledge is attached as Appendix 1.

5.3 The Pledge focuses on addressing the variation in health outcomes for British children compared to those from other countries as well as improvements in specific areas. The Pledge asks us to focus on system wide change to work in partnership to deliver five ambitions:

1	Children, young people and their families will be at the heart of decision-making, with the health outcomes that matter most to them taking priority.
2	Services, from pregnancy through to adolescence and beyond, will be high quality, evidence based and safe, delivered at the right time, in the right place, by a properly planned, educated and trained workforce
3	Good mental and physical health and early interventions, including for children and young people with long term conditions, will be of equal importance to caring for those who become acutely unwell.
4	Services will be integrated and care will be coordinated around the individual, with an optimal experience of transition to adult services for those young people who require ongoing health and care in adult life
5	There will be clear leadership, accountability and assurance and organisations will work in partnership for the benefit of children and young people.

5.4 The pledge asks for joint commitment to:

- Reduce child deaths.
- Prevent ill health and improve opportunities for better long term health.
- Improve the mental health of children/ young people.
- Support and protect the most vulnerable.
- Provide better care for children and young people.

5.5 The majority of the Pledge's ambitions and joint commitments are specifically set out already in South Devon and Torbay CCG's Children's Work Plan and the Health and Wellbeing Strategy. The Pledge's joint working approach is particularly relevant to SDT CCG where services are commissioned for children crossing local authority boundaries.

5.6 The Health and Wellbeing Board is asked to officially become signatories to the Pledge.

6. Disability Services

6.1 SEND

In delivering against the Children and Families Bill, Torbay Council and SDT CCG have been working together to understand the local implications of the Special Educational Needs and Disabilities element. The changes being:

- Statements of Special Educational Needs (SEN), will be replaced by new birth to 25 Education Health and Care plans (EHC), extended to age 25 where a person stays in education,
- Personal budgets will be introduced for EH+C plans.
- Greater involvement of parents and experience in the EH+C plan.
- An increased contribution from health care professionals to MDT meetings and reports.

4% of young people aged 0 -19 are statemented for Special Educational Needs in Torbay, (900), which is considered high. There are additional numbers of those aged 19-25. 3.65% of Devon's total 0-19 population also has a statement.

A working group has been established with provider, commissioner and local authority representation and an event is planned on the 10th September, to be headed by Andre Imich from the DfE and the Southampton pathfinder authority, to whom Torbay is aligned. The event will provide an overview and help us consider the challenges we face and the solutions successful pathfinders have implemented. An action plan will be developed following this event and progress will be reported through the Paediatrics CPG and the Children's Redesign Board.

Devon have been a pathfinder for 18 months and have already developed the Devon Assessment Framework, (DAF) which they will start to roll out in their Southern Locality in late 2013/ early 2014.

6.2 Children with Complex Care Needs/Disabilities

Torbay Council has instigated a new Children's Access to Resources, Disability Panel, ensuring that specialised commissioned placements for children with disabilities and complex health needs are considered within a multi-agency forum, this is of particular relevance to jointly funded placements. The Panel provides greater assurance that children are placed appropriate to their needs and involves specialist expertise in how best to support them and their families. This Panel will also discuss IPP cases for those children who were placed under the block contract for respite care, which Torbay Council's CIS team had managed on behalf of SDT CCG. This Panel is meeting monthly.

A multi-agency group met in mid-September to review the Children's Integrated Service for Disabilities in Torbay. The meeting concluded that the team make up was appropriate to deliver the required service and that

referrals are now successfully going through the Council's Children's Hub. Further work is planned to consider the better integration of the team, the OT organisational split and utilisation of any savings.

SDT CCG has been working with the CQC in preparation for a potential inspection focusing on young people who are about to, or have recently transitioned to adults services. SDT CCG has been working with SDHFT and TSDHCT, with input from VCL, to review cases for young people 14-25, with complex health needs. SDT CCG would expect to be notified of any confirmed inspection towards the end of September.

7. Autism Pathway Review

Work is being undertaken to review the referral and diagnostic pathway for Autism, based on the model being used in Devon, where children are assessed by a Multi Disciplinary Team. It is anticipated that a business case will be brought to SDT CCG for discussion in September following commitment to redesign from all relevant providers and commissioners.

8. Engagement

The Children's Redesign Board has directed that a Children's Engagement Task and Finish Group be established to ensure the CCG learns, at every opportunity, the views of service users, parents and carers across South Devon and Torbay. Membership will include Healthwatch and Strategic Public Involvement Group (SPIG) to avoid duplication and to enable access to thoughts already captured. The engagement action plan will be monitored by the Paediatric Clinical Pathway Group, with updates provided to the Children's Redesign Board. Engagement has already taken place with consultation at the Fair Access to the Fair Day, for children with disabilities and through the Equality Delivery System Review Event.